Family Groups Limited

(A company limited by guarantee)

Report and Financial Statements

For the Year Ended 31 March 2019

Charity Number: 261622

Company Registration Number: 984912

Contents

General Service Board and professional advisers 3
Report of the Trustees 4
Independent Examiner's Report to the Trustees of Family Group Limited 8
Statement of Financial Activity for the year ended 31 March 2019 9
Balance Sheet as at 31 March 2019 10
Cash flow statement for 31 March 2019 11
Notes forming part of the Financial Statements for the Year ended 31 March 2019 12

FAMILY GROUPS LIMITED
General Service Board and Professional Advisers

General Service Board:	Susan Little	Chairman, General Service Board.
	Lynne Strelley	Chairman, Executive Committee Vice Chairman General Service Board. Retired January 2019
	Elisabeth Pritchard	Chairman, Executive Committee Vice Chairman General Service Board. Appointed January 2019
	Angela Lidster	Treasurer.
	Miriam MacGrath	Regional Trustee, Eire and IAGSM Delegate.
	Carol Ashcroft	Regional Trustee, England North & North Wales.
	Linda Whetherly	Chairman, PI Committee. Resigned June 2018
	Katherine Lanham	Chairman, Editorial Committee .
	Joan Lawless	Regional Trustee, Ireland North. Retired January 2019
	Lilyann O'Donnell	Regional Trustee, Scotland.
	Rebecca Donoher	Regional Trustee, England South & East.
	Paul Grant	Regional Trustee, England West & South Wales. Retired January 2019
	Angela Brice	Regional Trustee, England West & South Wales. Appointed January 2019
	Helen Tominey	Chairman, Conference Committee.
	Peter Colton	Chairman, PI Task Force. Appointed January 2019
Company Secretary:	Nuala Carroll	Appointed June 2018
Registered office and Principal address:	57B Great Suffolk Street London, SE1 0BB	
Banker:	HSBC Bank plc. London Bridge Branch 28 Borough High Street London SE1 1YB	Bank of Ireland Baggot Street Branch P O Box 3131 Dublin 2
Accounts Preparation:	ExcluServ Limited 1 Fore St Ave Moorgate London EC2Y 9DT	
Independent Examiner:	Sue Plumb ACA Haines Watts Chartered Accountants Old Station House, Station Approach Newport St. Swindon SN1 3DU	

Report of the Trustees

The members of the General Service Board (GSB), who are also the directors of the Charity for the purposes of company law and trustees for charity law purposes, submit their annual report and the financial statements of Family Groups Limited for the year ended 31 March 2019. The General Service Board confirms that the Annual Report and financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102).

The Trustees' report covers the Directors' report as required by the Companies Act.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Family Groups Limited is a company limited by guarantee. It was formed on 17 July 1970 to incorporate Al-Anon Family Groups UK & Eire. It is governed by its Articles of Association and is a Registered Charity in England and Wales number 261622. The Charity is subject to the provisions of charity law as well as company law.

Funds held by the Charity exclude the funds of groups who operate independently and without access to the Charity's funds. There are no restrictions imposed by the Articles of Association on the holding of investments providing that they are in furtherance of the Company's primary objective as noted below.

Trustees are selected by the Board and given Traditional Approval by the Annual Conference. Areas nominate Regional Trustee candidates, whilst Trustee at Large candidates apply for the vacancy. All Trustee applications go through a grading procedure. An induction meeting for new Trustees is held before the January EGM. The UK and Eire is divided into six geographical Regions each of which is represented by a Trustee. The Regions are further divided into Areas. Delegates from Areas meet with the Trustees annually at Conference in September. The Conference approves and monitors the actions of the General Service Board and the Standing Committees. Current members of the General Service Board and those serving during the year are shown on page three.

The organisation has a comprehensive equal opportunities policy in place.

The Executive Committee is authorised by the GSB to be responsible for the routine administration of Al-Anon Family Groups in the UK & Eire. Members of the Executive Committee are appointed by the GSB and include the Vice Chairman of the GSB, the Treasurer and the General Secretary.

Day to day management is devolved to the General Secretary reporting back to the GSB and to the Executive Committee. The General Secretary reports directly to the GSB.

Management remuneration is based on market rates.

PURPOSE AND AIMS

Al-Anon has but one purpose: to help families of alcoholics. We do this by practising the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

The Charity's objectives, as set out in the Articles of Association, are to relieve poverty and distress among families and dependents of those who suffer from alcoholism.

The following is Al-Anon's suggested preamble at group meetings, which is a code of practice adopted by members:

"The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organisation or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions."

The primary activities of the Charity are as follows: Public Information – seven-day-a-week helpline, website, public information enquiries. Member support – group registration and insurance, annual Conference, sale of literature, membership page on website.

PUBLIC BENEFIT STATEMENT

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit. Al-Anon Groups are open to all members of the public. The Charity's activities focus on supporting those within Al-Anon who have been affected by someone else's drinking and to make its name known to potential members.

ACHIEVEMENTS AND PERFORMANCE

Public Information (PI) Activities

A generous legacy allowed us to employ the services of a Public Relations consultant to work with the General Service Office to review and improve our Public Information activities. This resulted in an increased presence in social media, adding Twitter and Instagram to our Facebook activities. A new campaign called 'The Untold Story" was launched to the membership at the September 2018 Conference and to the general public in November 2018. The campaign produced a successful response with increased numbers of calls to the helpline and distress email enquiries.

Telephone Helpline

Al-Anon provides a telephone helpline, 10am-10pm, 365 days a year. Trained volunteers at the General Service Office answer calls during the working week from 10am to 4pm and at all other times, calls are diverted to trained volunteers operating from their homes. Calls are occasionally re-routed to home-based volunteers during the working week depending on the needs of the office. In November 2018 a new free phone number was provided, and the number publicised on the website and all printed material.

There were approximately 1,345 calls to the helpline per month, with seasonal increases over December and January. The Charity received 1,907 distress emails during the year. To meet the increased demand of distress emails we are now providing training for special email responders.

Website

The website has been another beneficiary of the 2017/18 legacy and has been completely updated. It has a simpler and friendlier design and is proving to be a popular method for new members and professionals to contact us for further information.

MEMBER SUPPORT

Groups

Total Group numbers are 750 (2017-18: 774), of which 13 are active Alateen groups.

Annual Conference

This took place at Hinsley Hall Leeds in September. The details of the Conference are in the Conference Summary, available to download from the members' website.

Literature

Al-Anon continues to provide an extensive literature list. Callers to the helpline are offered some free leaflets. The daily reader 'Courage to Change' continues to be the largest seller with 2,546 copies sold.

A new book from WSO was stocked and is proving to be a popular purchase. A new compilation of literature presented as a Welcome Newcomer! pack has been printed and put in stock. New leaflets for Adult Children and Parents & Grandparents are also available.

Literature is also distributed via the Information Services in Belfast and Dublin. These are not part of Family Groups Limited as separate bodies administer them, however they are the largest customers for literature and there is close co-operation between them and the General Service Office.

TEAM (Together Empowering Al-Anon Members) Events
In the financial year 2018-19 four TEAM events took place, one in Scotland, one in Eire and two in England.

Finance
Donations have been fairly static in recent years and gift aided donations are declining. The Charity is actively encouraging the membership to consider how group donations can increase to cover the budget deficit.

FACTORS AFFECTING ACHIEVEMENTS IN THE YEAR

We have been fortunate to have the services of Nuala Carrol who returned as interim General Secretary. She has been mentoring the newly appointed Office Manager to take on duties that previously fell within the remit of the General Secretary. The office has had a number of changes in personnel in the latter part of this year, and the new staff have settled in extremely well.
The members' section of the website needed further work and caused some disruption to the office and our staff should be commended for their help and patience during the changeover.
We were informed that our current legal status in Eire needs updating to meet the latest legislative requirements. Solicitors have been engaged in Eire and will co-ordinate with our London Solicitors.

VOLUNTEERS

Al-Anon could not exist without its volunteers who operate at every level of the organisation. It would be impossible to calculate the number of volunteers in the traditional structure, members who give of their time to run groups, districts and areas. The strength of volunteering in Al-Anon reflects the gratitude of its members for the help they have found and a desire that this message be available to others.

FINANCIAL REVIEW

The financial position of the charity at the year-end is set out on page 10.

Financial Risks
The major financial risk in the long term is the slow decline in Group numbers leading to a decline in income, coupled with the pressure to control costs whilst improving the service. The Charity has adequate reserves to take a long-term view in developing its role in supporting members and growing the Charity to reach others affected by someone else's drinking.

Reserves Policy
The Trustees of Family Groups Limited consider it prudent to maintain funds at a level which will enable it to meet its future commitments and ensure that there are adequate realisable reserves to fund the Charity's costs for a period of nine to twelve months. This level of reserves takes into account that the Charity receives no funding from external bodies, and is entirely reliant on membership contributions, literature sales and interest received. The cost of running the Charity is defined in the Charity's Reserves Policy as total expenditure less literature, Conference and TEAM costs and was £216,817 2018-19 (2017-18: £152,514).

Total reserves at the year-end amount to £375,333 (2017-18: £428,782). Designated funds at the year-end amount to £305,777 (2017-18: £319,782) and details of these are set out in note 17.

Free reserves, defined by the Charities Statement of Recommended Practice (Charities SORP) as total reserves less that tied up in functional fixed assets less mortgage commitments, are £220,897 at 31 March 2019 (2018 £278,639) which would cover the cost of running the Charity for 8 months.

Financial Performance
Total donations this year were £213,013 (2018 £196,096) which included legacy donations of £17,222 Our members responded generously to a Treasurer's appeal and donations increased by 6% excluding legacies. Literature sales increased to £100,186 (2018 £89,474), an increase of 12% with the new literature proving very popular. Expenditure increased to £380,945 (2017-18: £306,816). The increase due largely to activities on the legacy project.

SHORT- AND LONG-TERM OBJECTIVES

Short Term Objectives

1. Social Media: We will continue to use social media to communicate with a wider audience.
2. Build on the success of 'The Untold story" media campaign, keeping our communications with public, professionals and media fresh and relevant.
3. Review our legal status in Eire, Scotland and Northern Ireland to ensure that we comply with new legislation.
4. Increase awareness within Al-Anon Groups as to the cost of maintaining a General Service Office, thereby reducing the budget deficit.

Long Term Objectives

The GSB's long-term objective is to maintain the financial stability of the charity and grow the number of Groups and members thereby helping the still suffering families and friends of Alcoholics.

PREPARATION OF THE REPORT

This report of the General Service Board has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006. It was approved, and authorised for issue, by the General Service Board on 22 June 2019 and signed on its behalf by:

Susan Little
Chairman

FAMILY GROUPS LIMITED
Independent Examiner's Report to the Trustees of Family Groups Ltd

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2019 which are set out on pages 9 to 19.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the ICAEW.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Susan Plumb ACA

ICAEW

Haines Watts

Old Station House

Station Approach

Newport Street

Swindon

SN1 3DU

Date

FAMILY GROUPS LIMITED
Statement of Financial Activities (incorporating income and expenditure account) for the year ended 31 March 2019

	Notes	Total Funds 2019	Total Funds 2018
Income and endowments from:		**£**	**£**
Donations and legacies	2	**213,013**	196,096
Charitable activities	3	**114,142**	103,160
Investments	4	**(585)**	31
Total income and endowments		**326,570**	299,287
Expenditure on:			
Raising funds		**1,489**	1,705
Charitable activities	5	**379,456**	305,111
Total expenditure		**380,945**	306,816
Net gain on investments	12	**926**	773
Net income/(expenditure)		**(53,449)**	(6,756)
Transfers between funds		**-**	-
Net movement of funds		**(53,449)**	(6,756)
Reconciliation of funds			
Total funds brought forward	17	**428,782**	435,538
Total funds carried forward		**375,333**	428,782

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

FAMILY GROUPS LIMITED
Balance Sheet as at 31 March 2019

	Notes	2019 £	2019 £	2018 £
Fixed Assets				
Property	10		218,340	223,340
Tangible assets	10		5,408	6,774
Investments	12		27,514	26,588
			251,262	256,702
Current Assets				
Stock	11	37,309		45,336
Debtors	13	16,261		19,096
Cash at bank and in hand	14	206,490		254,280
		260,060		318,712
Creditors: Amounts falling due with one year				
	15	48,163		49,073
Net current assets/(liabilities)			**211,897**	269,639
Creditors: Amounts falling due after one year				
	16	87,826		97,559
Net assets/(liabilities)			**375,333**	**428,782**
Unrestricted Funds				
Fixed Assets	17		126,922	123,555
Investment reserve fund	17		178,855	196,227
General fund	17		69,556	109,000
Total Funds			**375,333**	**428,782**

For the year ended 31 March 2019 the Charity was entitled to exemption under sections 477 of the Companies Act 2006 relating to small companies. Directors' responsibilities:

(i) The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476;
(ii) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions of the Companies Act 2006 applicable to companies' subject to the small companies' regime. They were approved, and authorised for issue, by the directors on 22nd June 2019 and signed on their behalf by:

Susan Little
Chairman

Angela Lidster
Treasurer

FAMILY GROUPS LIMITED
Cash Flow Statement for the year ended 31 March 2019

	Notes	2019	2018
		£	£
Net cash flow from operating activities	19	**(31,034)**	(3,425)
Cash flow from investing activities			
Interest received		23	15
Payments to acquire tangible fixed assets		(1,323)	(6,034)
Net cash flow from investing activities		**(1,300)**	**(6,019)**
Cash flow from financing activities			
Repayment of long-term loans		(9,733)	(9,767)
Interest paid		(5,723)	(5,517)
Net cash flow from financing activities		**(15,456)**	**(15,284)**
Net increase/(decrease) in cash and cash equivalents		**(47,790)**	**(24,728)**
Cash and cash equivalents at 1 April 2018		254,280	279,008
Cash and cash equivalents at 31 March 2019		**206,490**	**254,280**
Cash and cash equivalents consist of:			
Cash at bank and in hand		206,490	254,280
Cash and cash equivalents at 31 March 2019		**206,490**	**254,280**

1) Accounting Policies

Basis of preparation of financial statements
Family Groups Limited is a company registered in England and Wales. The address of the registered office is given in the charity information on page 3 of these financial statements. The nature of the charity's operations and principal activities are set out in the Trustees Report.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Company status
Family Groups Limited is a company limited by guarantee. In the event of the Charity being wound up, the liability in respect of guarantee is limited to £1 per member of the Charity.

Fund accounting
The General Fund represents those unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes. The Investment Reserve fund, representing long-term investments made by the General Service Board, has been designed to ensure that essential Al-Anon services can continue in the event of severe economic recession. The working capital fund has been designated to represent the Charity's resources tied up in fixed assets, stock and debtors to the extent these are not financed by creditors.

Restricted funds are funds which are to be used in accordance with specific instructions imposed by donors or which have been raised by the Charity for particular purposes.

Incoming resources
All incoming resources are included in the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Income from the sale of goods and services is recognised on delivery.

Income tax recoverable on Gift Aid donations is recognised at the time of receipt of the donations.

Resources expended
All expenditure is accounted for on an accruals basis. Irrecoverable VAT is included as part of the cost of the expenditure to which it relates. Support costs are allocated to activities as set out in note 5.

Investments
Investments are stated at market value at the balance sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the year.

Intangible assets
Intangible assets represent website development costs and are amortised over 5 years.

Tangible fixed assets and depreciation
All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Office equipment	- 4 years
Furniture & fittings	- 4 years
Computer equipment	- 5 years
Land & Buildings	- 50 years

Stock
Stock is valued at the lower of cost and net realisable value.

Debtors and prepayments
Trade and other debtors are recognised at the settlement amount due after any trade discounts. Prepayments are valued at the amount prepaid net of any discounts.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount to settle the obligation can be measured or estimated reliably.

Operating leases
Rentals applicable to operating leases are charged to the Statement of Financial Activities over the period in which the cost is incurred.

Foreign currencies
Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

Pensions
The company operates a defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

2) Donations and legacies

	2019 Total	2018 Total
	£	£
General donations	**173,731**	158,162
Gift Aid donations	**17,605**	17,471
Gift Aid	**4,455**	8,963
Legacies	**17,222**	11,500
	213,013	196,096

All income from donations and legacies is unrestricted for the current and prior year.

3) Incoming Resources from Activities to further the Charity's Objectives

	2019 Total	2018 Total
	£	£
General literature sales	**100,186**	89,474
Conference and TEAM Events	**13,956**	13,686
	114,142	103,160

All income from charitable activities is unrestricted for the current and prior year.

4) Investment income

	2019 Total	2018 Total
	£	£
Interest receivable	**23**	15
Income from investments	**1,824**	1,360
Exchange gain/(loss)	**(2,432)**	(1,344)
	(585)	31

All income from investments is unrestricted for the current and prior year.

5) Analysis of expenditure on charitable activities

	Activities undertaken directly	Support costs	2019 Total	2018 Total
	£	£	£	£
Support administration	-	93,447	**93,447**	83,097
General literature	59,817	51,642	**111,459**	105,430
Conference and TEAM events	15,784	36,885	**52,669**	48,872
Telephone helpline	3,826	7,378	**11,204**	7,467
Public information activities	54,118	56,559	**110,677**	60,245
	133,545	245,911	**379,456**	305,111

All expenditure on charitable activities is unrestricted for the current and prior year.

6) Allocation of support costs

	Support Administration	General Literature	Conference and TEAM events	Telephone Helpline	Public Information Activities	2019 Total	2018 Total
	£	£	£	£		£	£
Governance	4,205.00	2,324.00	1,660.00	332.00	2,545.00	**11,067.00**	8,478.00
Staff costs	53,644.00	29,645.00	21,175.00	4,235.00	32,469.00	**141,169.00**	119,614.00
Pension contributions	1,019.00	563.00	402.00	80.00	617.00	**2,681.00**	1,616.00
Volunteer expenses	872.00	482.00	344.00	69.00	528.00	**2,294.00**	8,442.00
Finance	5,633.00	3,113.00	2,223.00	445.00	3,409.00	**14,823.00**	14,874.00
Information technology	5,007.00	2,767.00	1,976.00	395.00	3,030.00	**13,176.00**	11,890.00
Public Relations	-	-	-	-	-	**-**	550.00
Office costs	17,447.00	9,642.00	6,887.00	1,377.00	10,560.00	**45,914.00**	38,982.00
Depreciation	2,922.00	1,615.00	1,153.00	231.00	1,768.00	**7,689.00**	7,364.00
Amortisation	-	-	-	-	-	**-**	508.00
Professional fees	1,267.00	700.00	500.00	100.00	767.00	**3,335.00**	1,241.00
Other	1,431.00	791.00	565.00	114.00	866.00	**3,763.00**	5,118.00
Total	93,447.00	51,642.00	36,885.00	7,378.00	56,559.00	**245,911.00**	**218,679.00**

*Support costs allocation is based on staff time.

7) Governance costs

	2019	2018
	£	£
Trustee expenses	**4,562**	3,316
AGM and committee meeting costs	**2,426**	2,197
Independent examiners costs in the current year	**1,325**	1,325
Other	**2,754**	1,640
	11,067	8,478

No members of the General Service Board received any remuneration (2018: £nil). Members of the General Service Board received reimbursement of expenses for travel costs amounting to £4,562 during the year (2018: £3,316).

No Trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2018: £nil).

8) Employee Remuneration

Payroll Details:	2019	2018
	£	£
Wages and Salaries	**133,436**	114,069
Social Security Costs	**7,721**	5,545
Pension Costs	**2,681**	1,616
Other Staff Costs	**501**	6,475
	144,339	127,705

No employee received remuneration of more than £60,000.

The total staff headcount throughout the year was 11 (2018: 7) and the average number of full-time equivalent employees during the year was 5.4 (2018: 4.9).

The total amount of employee benefits received by key management personnel is £35,350 (2018 - £40,602).The charity considers its key management personnel compromise of the General Secretary, The Chairman of the Executive Committee, and The Treasurer.

9) Taxation

As a charity, Family Groups Limited is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

10) Tangible Fixed Assets

	Computer Equipment	Office Equipment	Furniture & Fittings	Total	Long Leasehold Property
	£	£	£	£	
Cost					
At 1 April 2018	24,695	8,435	3,123	**36,253**	245,000
Additions	-	1,323	-	**1,323**	-
At 31 March 2019	24,695	9,758	3,123	**37,576**	245,000
Accumulated Depreciation					
At 1 April 2018	18,976	7,380	3,123	**29,479**	21,660
Charge for the year	2,202	487	-	**2,689**	5,000
At 31 March 2019	21,178	7,867	3,123	**32,168**	26,660
Net book value					
At 31 March 2018	5,719	1,055	-	**6,774**	**223,340**
At 31 March 2019	3,517	1,891	-	**5,408**	**218,340**

11) Stock

	2019	2018
	£	£
Opening stock at 1 April 2018	**45,336**	22,548
Movements in stock	**(8,027)**	22,788
Closing stock at 31 March 2019	**37,309**	45,336

12) Investments

	2019	2018
	£	£
Family Groups Limited have non-current investments:		
Market value at 1 April 2018	**26,588**	25,815
Unrealised gains on investments	**926**	773
At 31 March 2019	**27,514**	26,588

	2019 Cost	2019 Value	2018 Cost	2018 Value
	£	£	£	£
Santander - Ordinary shares	**83**	**636**	83	636
Charity common investment funds:				
M&G - Charifund	**7,500**	**13,192**	7,500	12,435
CCLA - COIF Charities Property Fund (Accumulation)	**10,000**	**13,686**	10,000	13,517
Total market value at 31 March 2019	**17,583**	**27,514**	17,583	26,588

The market value of all quoted investments is stated as at the year-end.

13) Debtors

	2019	2018
	£	£
Trade Debtors	**780**	1,154
Income Tax Recoverable (Gift Aid)	**2,293**	5,838
VAT Recoverable	**3,061**	3,230
Prepayments and accrued income	**10,127**	8,874
	16,261	19,096

14) Cash at bank and in hand

	2019	2018
	£	£
Long Term Deposits:		
COIF Charities Deposit Fund	**86,789**	105,551
National Savings and Investments - Investment account	**64,552**	64,088
Total Long-Term Deposits	**151,341**	169,639
Short Term Deposits	**14,192**	17,542
Cash at Bank and in Hand	**40,957**	67,099
	206,490	254,280

15) Creditors: Amounts Falling Due within One Year

	2019	2018
	£	£
Trade Creditors	**17,078**	22,197
Accruals and deferred income	**19,736**	15,884
PAYE payable	**2,483**	1,839
Pension Contributions	**(134)**	153
Mortgage payment due in next financial year	**9,000**	9,000
	48,163	49,073

Included in accruals and deferred income is £3,193 of deferred income. This relates to conference income for 2019/20.

16) Creditors: Amounts Falling Due After One Year

	2019	2018
	£	£
Mortgage	**149,500**	149,500
Mortgage Repayment Control Account	**(52,674)**	(42,941)
Reclassification of mortgage as current liability	**(9,000)**	(9,000)
	87,826	97,559

Amounts repayable by instalments which fall due after 5 years are £42,359 (2018 - £61,559).

The total value of secured liabilities is £96,826 (2018 - £106,559).

17) Movement in Funds

	At 1 April 2018 £	Incoming Resources £	Outgoing Resources £	Transfers and investment gains/ (losses) £	At 31 March 2019 £
Designated Funds					
Investment Reserve	196,227	-	-	(17,372)	**178,855**
Fixed Assets	123,555	-	-	3,367	**126,922**
General fund	109,000	326,570	380,945	14,931	**69,556**
Unrestricted Funds	428,782	326,570	380,945	926	**375,333**

**The designated Investment Reserve* represents funds invested in long term deposits (see Note 14) and investments (see Note 12).

18) Analysis of net assets between funds

	Unrestricted Funds Total £
Fund balances at 31 March 2019 are represented by:	
Tangible fixed assets, net of long-term mortgage liability	**135,922**
Investments	**27,514**
Current assets	**260,060**
Creditors: amounts falling due within one year	**(48,163)**
	375,333

19) Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2019 £	2018 £
Net income/(expenditure) for year/period	(53,449)	(6,756)
Interest receivable	(23)	(15)
Interest payable	5,723	5,517
Depreciation and impairment of tangible fixed assets	7,689	7,364
Amortisation and impairment of intangible fixed assets	-	508
(Gains)/losses on investments	(926)	(773)
(Increase)/decrease in stock	8,027	(22,788)
(Increase)/decrease in debtors	2,835	1,997
Increase/(decrease) in creditors	(910)	11,521
Net cash flow from operating activities	**(31,034)**	**(3,425)**